

Yoga from a Health Perspective: International Yoga Research Goes Arctic

June 16th – 19th 2016

www.arcticyogaconference.com

We warmly welcome you to International Yoga Research goes Arctic! The conference is organized by Dakini Dharma Projects and will take place in Bodø, Norway on June 17th 2016. The Arctic Yoga Conference was established in 2011. It is an annual event in the north of Norway. The conference is an arena for competence building, networking, sharing and learning – in the framework of the amazing nature of the north. Experiences of nature, midnight sun, mountains and sea is part of our conference program.

This year's theme is **The impact of yoga and mindfulness in the Life-span**

Topics of interest

Yoga; Yoga Therapy; Meditation; Mindfulness; compassion; health

Two trajectories: Academic research/empirical studies of yoga and applied yogic experience

Guide for authors

The deadline to submit abstracts is April 10th, 2016.

[Submit](#)

To submit your abstract, please click on the following button:

We invite you to submit an abstract of no more than 250 words for either:

1. A 15 minute oral presentation of an academic presentation or research results relating to this year's theme, or
2. A 45 minute practice session or symposium relating to this year's theme

The abstract should outline what specific problem(s) you are addressing and your approach towards it.

Important Dates

Deadline for submission: April 10th .

Notification of acceptance: May 1st.

Accepted abstracts will be published on www.arcticyogaconference.com

Program committee:

Professor Ingunn Hagen, Norwegian University of Science and Technology

Professor Silje Wangberg, University of Tromsø, The Arctic University of Norway.

Clinical Psychologist Kristin S. Vikjord

For any enquiries regarding the programme, please contact us: info@arcticyogaconference.com.

Make sure to title the subject line 'YOGA RESEARCH'

All general enquiries can be addressed to the same email address.

We look forward to seeing you at Arctic Yoga Conference.

Sincerely,

Kristin S. Vikjord